



Dry Stone Walling

Brightside courses are for anyone experiencing mild to moderate mental health issues e.g. suffering from anxiety, depression, stress or isolation, low confidence and/or self-esteem.

Learners can benefit from being outside with other people for two days, having some social contact and learning something new.



Dry Stone Walling

This course is for:

Anyone who has mild to moderate mental health needs or is socially isolated who feels like they would benefit from being outside with other people for two days. This course is great for those who would like some social contact and are keen to learn something new.

You will learn:

The course allows beginners to find out more about this traditional craft. How to recognise the different types of stone and their role within the building process.

How to strip down and repair a section of tumbledown wall, rebuilding it back to its original state.

Dry stone walls are an important part of the Derbyshire landscape. They are both traditional field boundaries and an important habitat for wildlife.

You will be given the support you require for your individual development. Your tutor will give you feedback during the course and you will be able to self-assess. There are no exams or formal assessments. There will be plenty of chances to ask questions and put what you have learned into practice.

Work outside of sessions:

This is not required, though we hope you will want to put what you have learned into practice.

Additional costs and what to prepare:

This course involves being outside. Please wear appropriate footwear such as steel toe capped boots and clothing appropriate for the weather. Other personal protective equipment (e.g. gloves and googles) will be supplied.

How to access your course:

An email with instructions for how to find the venue will be sent within 3 working days of the start date of the course.

Progression from this course:

You may wish to progress onto the Lantra Level 1 Certificate in Dry Stone Walling. Discuss your next steps with your tutor or centre staff.

For further information about our current course programme or on the additional support we offer visit: www.derbyshire.gov.uk/adulteducation

For impartial information, advice and guidance on careers and learning visit

